

OUR BANNER

The Newsletter of the Arlington Diocese Cursillo

Summer 2010

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Welcoming Change

It is an absolutely beautiful summer day, in the high 70's, poofy clouds, a bit of a breeze and bright sunshine. By the time you read this, it may be 95 in the shade, given the way the weather goes in this area. What strikes me is the need to be present to now – whatever that may be.

It has been a busy spring and summer – each day is special. In May, I traveled many miles with a wonderful group of people in Greece, Turkey, Austria and Germany. We celebrated Eucharist in cathedrals and in ruins and Jesus is present in all those people and in many different places.

In June, we celebrated a Mass of Resurrection for a wonderful lady who, as someone said, was gone before her time. The sharing of her journey, of time spent with God, family, friends and colleagues was a powerful story of someone who was present.

And now great adventures are ahead for all of us – lots of changes!! Our Diocesan Spiritual Advisor, Father Tuck Grinnell, moves this month from pastor at St. Anthony of Padua in Falls Church to pastor at St. Charles Borromeo in Arlington, where he previously served as pastor from 1985 to 1996. For us at St. Charles, we welcome Fr. Tuck back!

For those of us who have been around Cursillo for a while, we have held weekends in many places over the last 40 some years – consider the trip to Bristow before Route 66 and Bethany House and more recently Mt. Zion and Camp Happyland. In August, we will have our first Cursillo at San Damiano, The Diocesan Spiritual Life Center in White Post, VA (near Winchester) and we will be cooking there too.

I have toured the new center and it is quite comfortable. It is also handicap accessible with private bathrooms with each room. And San Damiano is about 1.5 hours from Arlington and St. Mary's in Fredericksburg, and just under an hour from St. John Bosco in Woodstock.

In a recent Sunday gospel, Jesus sent out the seventy-two to spread the Kingdom of God. I think God continues to send each one of us. Have you made a new friend lately or brought a new friend to Christ?

De Colores!!

Mimi Fitzgerald
Lay Director

Lay Director's Message



Plan Ahead...Cursillo Weekends 2010 and 2011

Women's Cursillo Weekends

August 5-8, 2010

March 17-20, 2011

August 2011 TBD

Men's Cursillo Weekends

October 8-11, 2010***

April 7-10, 2011 *tentative*

October 6-9, 2011

*** Important! The fall men's weekend is **Friday to Monday** to take advantage of the Columbus Day holiday.

Women's 131st Cursillo Weekend: August 5 – 8 at San Damiano Spirituality Center

The Team of the Women's 131st:

From the left (back row): Marylee Girardi, Susan Tully, Jean Noon, Jeanie Martin, Jennifer Rausch, Susan Trainor, Carol Eager; **(front row)** Freddie Wall, Paula Shipe, Rosemary Brooks, Kathy Scott.

Not Pictured: Fr. Tuck Grinnell



The Women's 131st Cursillo has vacancies! When the weekend is full, we will start a waiting list.

"By the grace of God I am what I am"

-1 Corinthians 15:10

Mañanita: 7:00 a.m. at the San Damiano Spiritual Life Center. Park in the lot in front of the center and quietly gather there by 6:45 a.m. on Sunday. Rosemary Brooks (Angel) will meet the community outside of the main entrance.

Closing: Closing will also be held at the San Damiano Spiritual Life Center beginning at 4:00 p.m. The closing site is on the lower level of the Center (follow the signs!). Stay tuned on our website to see if the Closing will include a Mass.

Getting to the San Damiano Spiritual Life Center: 125 Old Kitchen Rd, White Post, VA 22663; From I-66: Take exit 6 to merge onto US-340 N/US-522 N/Winchester Rd toward Winchester. Continue to follow US-522 N for 10.2 miles. Note: exit 6 is 58 miles west of the beltway (I-495). Turn right at Armel Rd/State Route 642 for 0.7 miles. Continue onto Old Kitchen Rd. for 246 feet, your destination will be on the left.

A Reflection on Spiritual Direction

by Jeanie Sweeney

Earlier this year, I was blessed to be asked to join the Women's 130th team as a Spiritual Director. I have done this a number of times, but most years I work with the Kairos teams down in the federal penitentiary. One of the things I love about the prison work is all the younger women in their 20s, 30s, and 40s who come on our Kairos weekends. A turn around or deepening of the Christ life in them is such a joy to witness, and holds such promise for their future and their time in the prison environment. Serving this ministry, however, means a 3 hour drive, so when Mimi invited me to work with Rectora Kat Sigler for this last women's Cursillo in March, I said a quick, "yes," to the convenience. And God blessed by receiving my half-hearted giving.

First of all the team itself was much younger and less experienced than other Cursillo teams I have worked on in recent years. It made me remember the days of our Northern Virginia beginnings some 40 years ago when we were all in the freshness of love for Christ, for the movement, for the Church. We threw ourselves and our lack of experience into God's loving arms and were well used. Our own faith was formed and shaped with the Cursillo vision, all the talks we gave, and our exercise of intercessory prayer in palanca. Many of us found our own calls and went off as disciples to love in the world. We shaped the environments that we became part of, becoming people who worked WITH Christ in creative leadership servant ways.

Secondly, having the younger team members attracted younger candidates, and the weekend itself was filled with folks in their 20s, 30s, and 40s with a sprinkling of the 50s, and 60s. Fr. John Adams and I were the old wisdom figures with our long Cursillo experience and our age (he would definitely want me to point out that I was the oldest person on the weekend☺). The younger candidates and team members balanced professional lives, family and faith. They worked in collegial ways with intelligence and passion – seemingly more "grown-up" than I remember being!

We (John and I) were confident that God was still using us in profound ways and were grateful, but I was also aware that this is a mentoring time for those of us who have been around on many teams. Is it, perhaps, even a time of letting go and giving over to the younger generations who are ready to serve? It made me want to encourage younger (in experience and age) Cursillistas to jump in and come on board – just as you are.

~ De Colores! Jeanie

August 2010 to December 2010 Arlington Cursillo Calendar

Your best source for an up-to-the-minute calendar is our website! www.ArlingtonCursillo.org.

Thursday, August 5, 7:00p

Women's 131st Weekend. Ends Sunday; San Damiano Spirituality Center; White Post, VA.

Friday, August 6 Transfiguration

Sunday, August 8, 4:00p

Closing, Women's 131st; San Damiano Spirituality Center; 125 Old Kitchen Rd, White Post, VA

Friday, August 13, 7:00p

Ultreya St Anthony of Padua; 3304 Glen Carlyn Rd, Falls Church; Lu & Sue Vega, lsvega25@earthlink.net

Saturday, August 14, 9:30a-noon

Cursillo School/School of Leaders; St. John Neumann, 11900 Lawyers Rd., Reston; Marylee Girardi, marlee.girardi@gmail.com

Friday, Aug 19, 7:30p

Ultreya St Raymond of Peñafort **CANCELLED**

Sunday, August 15 Assumption Day

Saturday, Sep 11, 9:30a-noon

Cursillo School/School of Leaders; St. Mary of Sorrows; 5222 Sideburn Rd., Fairfax, VA; Janet Ramos, tnjramos@outdrs.net

Friday, Sep 17, 7:30p

Ultreya St Raymond of Peñafort; 8790 Pohick Rd, Springfield, VA 22153; Chuck Tiso, 703-866-1081, Sicilliansunrise@aol.com

Friday, October 8, 7:00p**

Men's 121st Weekend. Ends Monday; San Damiano Spirituality Center; White Post, VA. **** PLEASE NOTE FRIDAY to MONDAY dates ****

Saturday, Oct 9, 9:30a-noon

Cursillo School/School of Leaders; St. Charles Borromeo, 3304 Washington Blvd., Arlington; Kat Sigler S100131244@aol.com

Friday, Oct 15, 7:30p

Ultreya St Raymond of Peñafort (see Sep 17)

Monday, Nov 1 All Saints Day

Saturday, Nov 13, 9:30a-noon

Cursillo School/School of Leaders; St. John the Beloved, 6420 Linway Terrace, McLean; Mark Clemente, clem1979@aol.com

Friday, Nov 19, 7:30p

Ultreya St Raymond of Peñafort (see Sep 17)

Wed, Dec 8 Immaculate Conception

Saturday, Dec 11, 9:30a-noon

Cursillo School/School of Leaders; Sacred Heart; 12975 Purcell Rd., Manassas, VA; George Darnell, darnellgd@comcast.net

Friday, Dec 17, 7:30p

Ultreya St Raymond of Peñafort (see Sep 17)

Meet the Weekend Committee



The Weekend Committee works behind the scenes and in coordination with other Secretariat committees to find weekend locations, provide supplies, connect the team, and coordinate the Closing Ultreya. They nurture and care for the teams in formation so they can focus on being Christ to one another and to the new candidates.

Phil and Colleen Kiko (Co-Chairs); Facility Planning; The facility planning function is responsible for locating and reserving appropriate sites for our Cursillo weekends as well as for establishing the annual calendar.

Kathy Adams; Pre-weekend Planning (Ordering); Kathy keeps track of the vendors we use for weekend items, such as crosses, 4th day books, "I'm Lovable" buttons, etc..., and she handles any ordering necessary for upcoming weekends.

Tim and Cecelia Brady; Pre-weekend Planning (Supply boxes); Tim and Cecilia maintain the inventory in the Cursillo boxes, restocking after each weekend. They are also the custodians of the Palanca box, cross stand, button maker and banner stand.

Marlene Atkinson; Pre-weekend Planning (team boxes): Marlene maintains all Rector/Angel/Team notebooks, keeping them current and complete and making sure the teams have as many as they need, when they need them.

Colleen Kiko; Weekend Point of Contact for August 2010 Weekend (Note that this varies by weekend); The weekend point of contact is the liaison between the Angel and the facility during formation, they ensure that all logistical needs are met and are on-call for the weekend as necessary to support. They also help with transportation, clean up and closing.

Trudy Dervan; Weekend Support; Trudy assembles the 4th Day packets and keeps track of the original documents needed.

Chuck and Caterina Tiso; Weekend Closing Support. Chuck and Caterina find places for Closing for each weekend, manage the logistics of using the site, and work with a local Ultreya coordinator or facility director to manage set up and clean up.

Nicole Vincent (along with Colleen and Phil Kiko); Post Weekend Planning. Nicole's primary job is helping with weekend evaluations and keeping track of the feedback and the forms, so that future rectors and rectoras know what works (and what doesn't!).



Arlington Cursillo Needs Your Prayers and Financial Support

Consider making a contribution of:

\$100 \$75 \$50 \$25 Other _____

**Thank you
and God
Bless You!**

Clip & Mail To:
Arlington Cursillo
c/o Mike Green
77 Sentinel Ridge Lane
Stafford, VA 22554

Your Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

See inside for the 2010 Arlington Diocese Cursillo Calendar

Spiritual Direction... what should you ask a prospective spiritual director?

Spiritual Directors International recommends you interview at least two possible spiritual directors, asking questions such as:

1. What enrichment, spiritual formation, and theological education do you have in spiritual direction?
2. What is your personal experience tending your own prayer, meditation and contemplative life?
3. What is your experience as a spiritual director? How many years? In what environments? What are you most interested in spiritually?
4. How do you continue your education and supervision for your spiritual direction ministry?
5. What ethical guidelines do you abide by, i.e., those published by Spiritual Directors International? Have you ever been accused or convicted of misconduct?
6. What type of engagement agreement will we establish to clarify roles and responsibilities in our spiritual direction relationship, such as samples provided to members of Spiritual Directors International?



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www.arlingtoncursillo.org

Mail your feedback, change of address or new address for *OUR BANNER* to address above or go to our webpage.

Please Deliver by
July 30, 2010

ADDRESS SERVICE REQUESTED

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